

Models of Dissemination & Implementation Research

Deborah Cragun, MS, CGC

PhD Candidate

Department of Community and Family Health

dcragun@health.usf.edu

“The latest research shows that we really should do something with all this research”

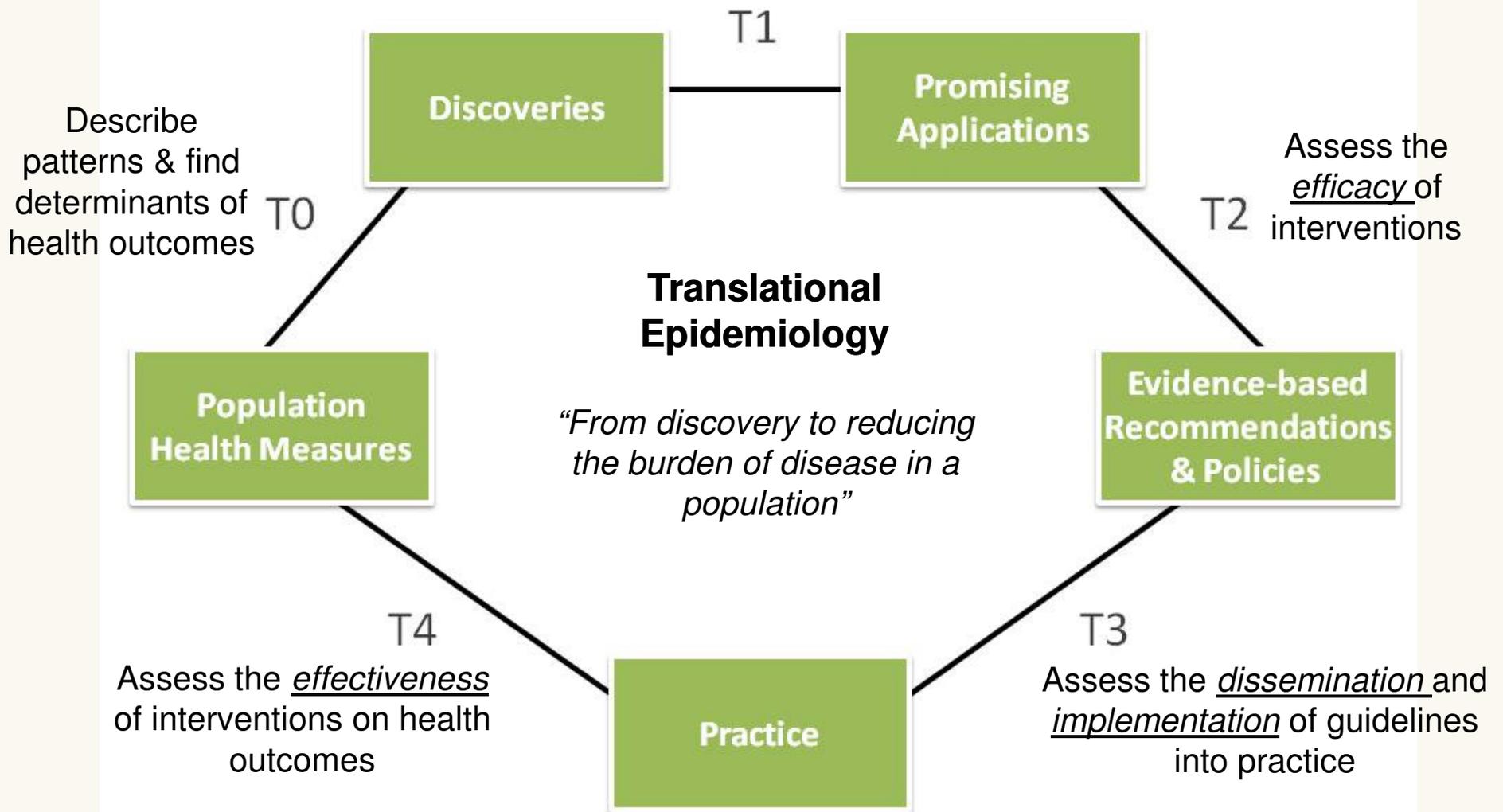


Overview



- The “Big Picture” (Translational Research)
- Why LSSN is well positioned to conduct high quality Dissemination and Implementation (D&I) Research
- Value of conceptual frameworks & theories (models)
- D&I conceptual frameworks (i.e., RE-AIM and CFIR)
- Methodological considerations in D&I research

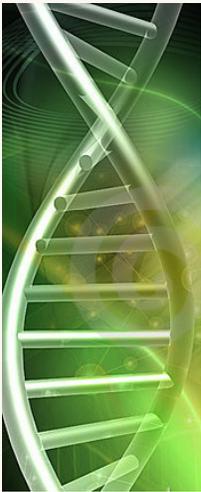
Characterize discovery & assess potential health applications



NCI Epidemiology and Genomics Research Program: <http://blog-epi.grants.cancer.gov/2012/09/26/how-can-we-use-epidemiology-to-bridge-evidence-gaps-in-translating-research-discoveries-into-clinical-and-public-health-practice/>

Khoury MJ, Gwinn M, Ioannidis JP. The emergence of translational epidemiology: from scientific discovery to population health impact. Am J Epidemiol. 2010 Sep 1;172(5):517-24.

Goal of Dissemination and Implementation (D&I) Research



Generate new insights and generalizable knowledge regarding intervention dissemination and implementation processes, facilitators, barriers, & strategies for improvement.

Characteristics of a High Quality D&I Study

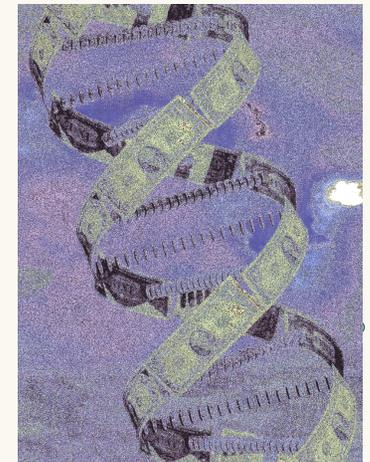
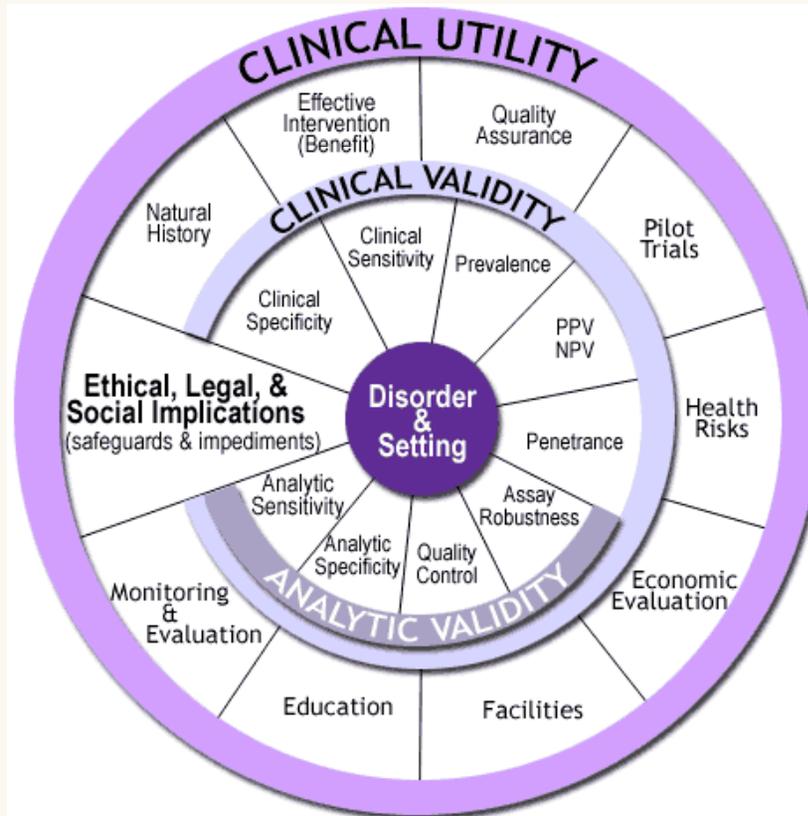
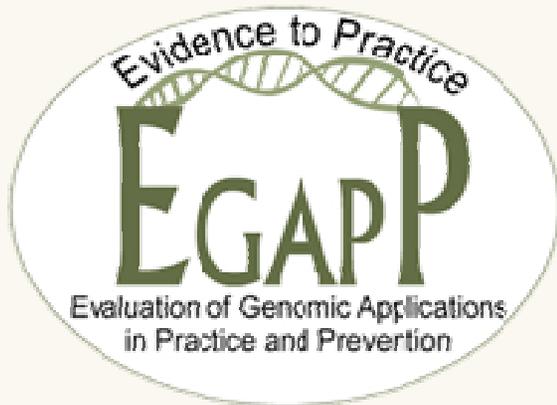
1. Focuses on an important public health or clinical problem



“Increase the proportion of persons with newly diagnosed colorectal cancer who receive genetic testing to identify Lynch syndrome (or familial CRC syndromes).”

Characteristics of a High Quality D&I Study

2. *Efficacy* data strongly supports the value of dissemination and implementation



Characteristics of a High Quality D&I Study

3. **Thorough understanding of implementation and dissemination principles, frameworks, theories**
4. Multidisciplinary team with expertise in I&D
5. Challenges an existing paradigm; or invokes innovative hypotheses or methods
6. Has potential to contribute to I&D knowledge base and advance the field
7. Show how you can disseminate to reach expanded / high-risk target populations

Characteristics of a High Quality D&I Study

8. Specific dissemination products will be created

Lynch Syndrome Screening Network

LSSN Home Development Implementation Resources Database Research Membership Events Contact

Common Dilemmas

Challenges are common whenever new programs and procedures are implemented, and many have likely been encountered by others.

Abnormal IHC — no mutation identified

Implementation

- ▶ Immunohistochemistry (IHC)
 - ▶ IHC Fact Sheets
 - ▶ IHC Procedures
 - ▶ IHC Results
- ▶ Microsatellite Instability (MSI)
 - ▶ MSI Fact Sheet
 - ▶ MSI Procedures
 - ▶ MSI Results
- ▶ Both MSI and IHC
 - ▶ MSI & IHC Fact Sheets
 - ▶ MSI & IHC Procedures
 - ▶ MSI & IHC Results

Translational Epidemiology

"From discovery to reducing the burden of disease in a population"

Population Health Measures

Evidence-based Recommendations & Policies

Practice

T4

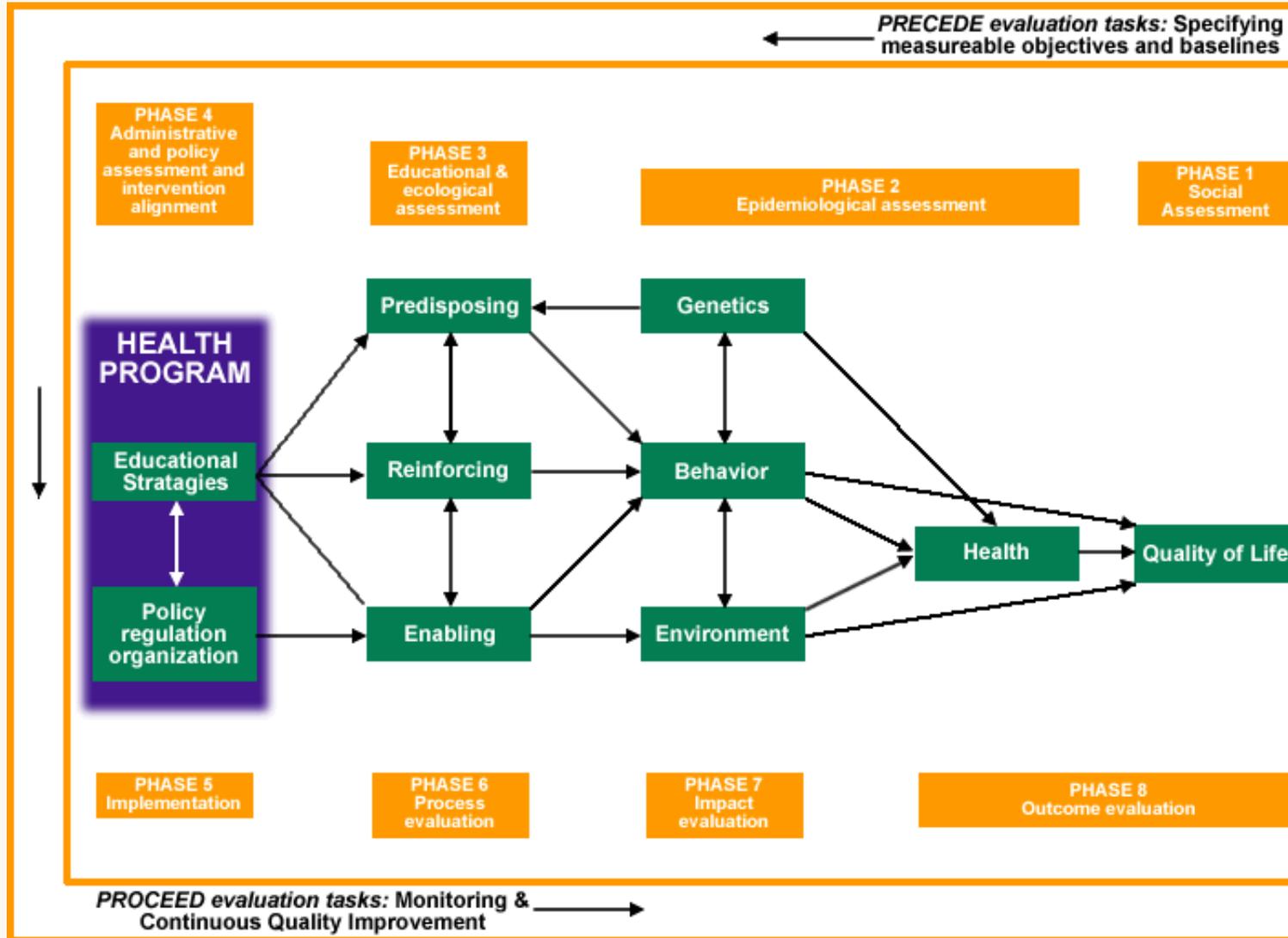
Assess the *effectiveness* of interventions on health outcomes
(i.e. reduction in cancer morbidity/mortality among patients and their family members)

T3

Assess the dissemination and implementation of guidelines into practice



Precede Proceed Model



What We Know



- Screening methods and procedures vary across institutions
- Patient follow-through with both genetic counseling and germline testing after an abnormal screen varies across institutions

What We DON'T Know



- Factors that contribute to the decision to adopt universal tumor screening (UTS) for Lynch syndrome
- Why institutional differences exist in terms of UTS procedures/protocols
- Implementation challenges & how they were overcome
- Whether there have been unintended outcomes of UTS
- What contributes to variability in UTS outcomes across institutions

Translational Epidemiology

"From discovery to reducing the burden of disease in a population"

Population Health Measures

Evidence-based Recommendations & Policies

Practice

T4

Assess the *effectiveness* of interventions on health outcomes
(i.e. reduction in cancer morbidity/mortality among patients and their family members)

T3

Assess the dissemination and implementation of guidelines into practice

T3 1/2

Assess *implementation effectiveness*

(i.e. assess for unintended consequences and determine how implementation factors influence patient follow-through with genetic counseling and germline testing)

Theories & Frameworks

_____ are strategic or action-planning models that provide a systematic way to develop, manage, and evaluate interventions.

_____ are systematic ways of understanding events or behaviors. They illustrate how concepts interrelate and can be used to explain or predict events/behaviors.

1. Increase intervention and research quality & effectiveness
2. Enhance interpretability of findings
3. Ensure critical components are included and/or evaluated

Over 61 D&I Models

OPTIONS Model	D > I	3		x	x	x		46
A Conceptual Model for the Diffusion of Innovations in Service Organizations	D > I	4		x	x			47
Health Promotion Research Center Framework	D > I	4	x	x	x		x	48
Knowledge Exchange Framework	D > I	4	x	x	x	x		[49], [50] and [51]
Research Knowledge Infrastructure	D > I	4		x	x	x	x	[52], [53], [54] and [55]
A Convergent Diffusion and Social Marketing Approach for Dissemination	D > I	5		x	x			[56] and [57]
Framework for Dissemination of Evidence-Based Policy	D > I	5		x	x	x		58
Health Promotion Technology Transfer Process	D = I	1		x	x			59
Real-World Dissemination	D = I	1		x	x			[60] and [61]

Bridging research and practice: models for dissemination and implementation research. Tabak RG, Khoong EC, Chambers DA, Brownson RC. Am J Prev Med. 2012 Sep;43(3):337-50. doi: 10.1016/j.amepre.2012.05.024.

Multi-level Conceptual Framework of Organizational Innovation Adoption	D = I	3			x	x		75
Ottawa Model of Research Use	D = I	4		x	x	x		[76] and [77]
The RE-AIM Framework	D = I	4		x	x	x		78
The Precede-Proceed Model	D = I	5		x	x	x		6
Facilitating Adoption of Best Practices (FAB) Model	I > D	2		x	x			79
A Six-Step Framework For International Physical Activity Dissemination	I > D	3	x	x	x	x	x	80
Pathways to Evidence Informed Policy	I > D	3	x	x	x	x	x	81
CDC DHAP's Research-to-Practice Framework	I > D	4		x	x			[82], [83], [84], [85], [86] and [87]
Practical, Robust Implementation and Sustainability Model (PRISM)	I > D	4			x	x		88
Active Implementation Framework	I-only	3		x	x	x		[89] and [90]
An Organizational Theory of Innovation Implementation	I-only	3			x			91
Conceptual Model of Implementation Research	I-only	3	x	x	x	x		92
Implementation Effectiveness Model	I-only	3			x	x		[93] and [94]
Normalization Process Theory	I-only	3	x	x	x	x		[95], [96] and [97]
Promoting Action on Research Implementation in Health Services (PARIHS)	I-only	3		x	x	x		[98], [99] and [100]
Pronovost's 4E's Process Theory	I-only	3		x	x	x		101
Sticky Knowledge	I-only	3		x	x	x		[102] and [103]
Consolidated Framework for Implementation Research	I-only	4		x	x			[104] and [105]
Replicating Effective Programs Plus Framework	I-only	4		x	x			106

Conceptual Framework #1

RE-AIM enhances the quality, speed, and impact of efforts to translate research into practice



Glasgow, R.E., T.M. Vogt, and S.M. Boles, Evaluating the public health impact of health promotion interventions: the RE-AIM framework. *Am J Public Health*, 1999. 89(9): p. 1322-7.

<http://re-aim.org/>



RE-AIM Dimension	Research Questions
<p><i>Reach</i> Absolute number, proportion, and representativeness of individuals who participate.</p>	<p>What proportion of CRC patients who screen positive follow-through with genetic counseling and genetic testing at each respective institution?</p>



RE-AIM Dimension

Research Questions

Effectiveness

The impact of an intervention on outcomes (including potential negative effects)

Have there been any unexpected outcomes or negative effects associated with UTS implementation?

If so, what implementation factors may be related to negative effects and how can negative effects be avoided?



RE-AIM Dimension	Research Questions
<p><i>Adoption</i> The absolute number, proportion, & representativeness of settings and staff who currently offer UTS and reasons for adopting UTS.</p>	<p>Who was involved in making the decision to adopt UTS?</p> <p>What centers/institutions have adopted UTS and how do they compare to others that have not adopted UTS?</p> <p>What factors influence the decision to adopt UTS?</p>



RE-AIM Dimension

Research Questions

Implementation
Consistency of delivery, time and cost of the program, and what adaptations to the program are made in various settings.

- What challenges, if any had to be overcome when implementing screening?
- How and why do implementation processes and protocols vary across centers?



RE-AIM Dimension	Research Questions
<p><i>Maintenance</i> The extent to which a program or policy becomes institutionalized.</p> <p>At the individual level, maintenance is the long-term effects of a program on outcomes after 6 or more months.</p>	<ul style="list-style-type: none">•If and how have UTS protocols been adapted at various centers over time?•Are patients who have been diagnosed through UTS or as a result of cascade testing undergoing recommended cancer screening?

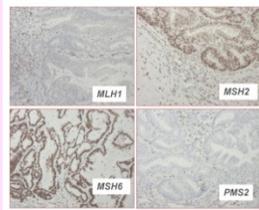
Conceptual Framework #2

The Consolidated Framework for Implementation Research (CFIR) organizes factors (constructs) that may be important to implementation and outcomes into 5 domains:

1. Intervention
2. Outer Setting
3. Inner Setting
4. Process
5. Individuals involved

CFIR Contextual Factors

Intervention Characteristics



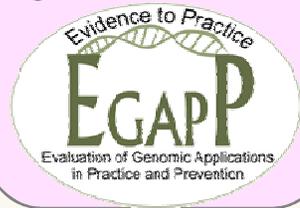
- Intervention source
- Relative advantage
- Complexity
- Cost

Outer Setting

- Contacts with other centers or hospitals performing UTS



- Practice guidelines



Inner Setting



- Structural characteristics of the institution
- Quality of communication
- Implementation climate
- Readiness for implementation

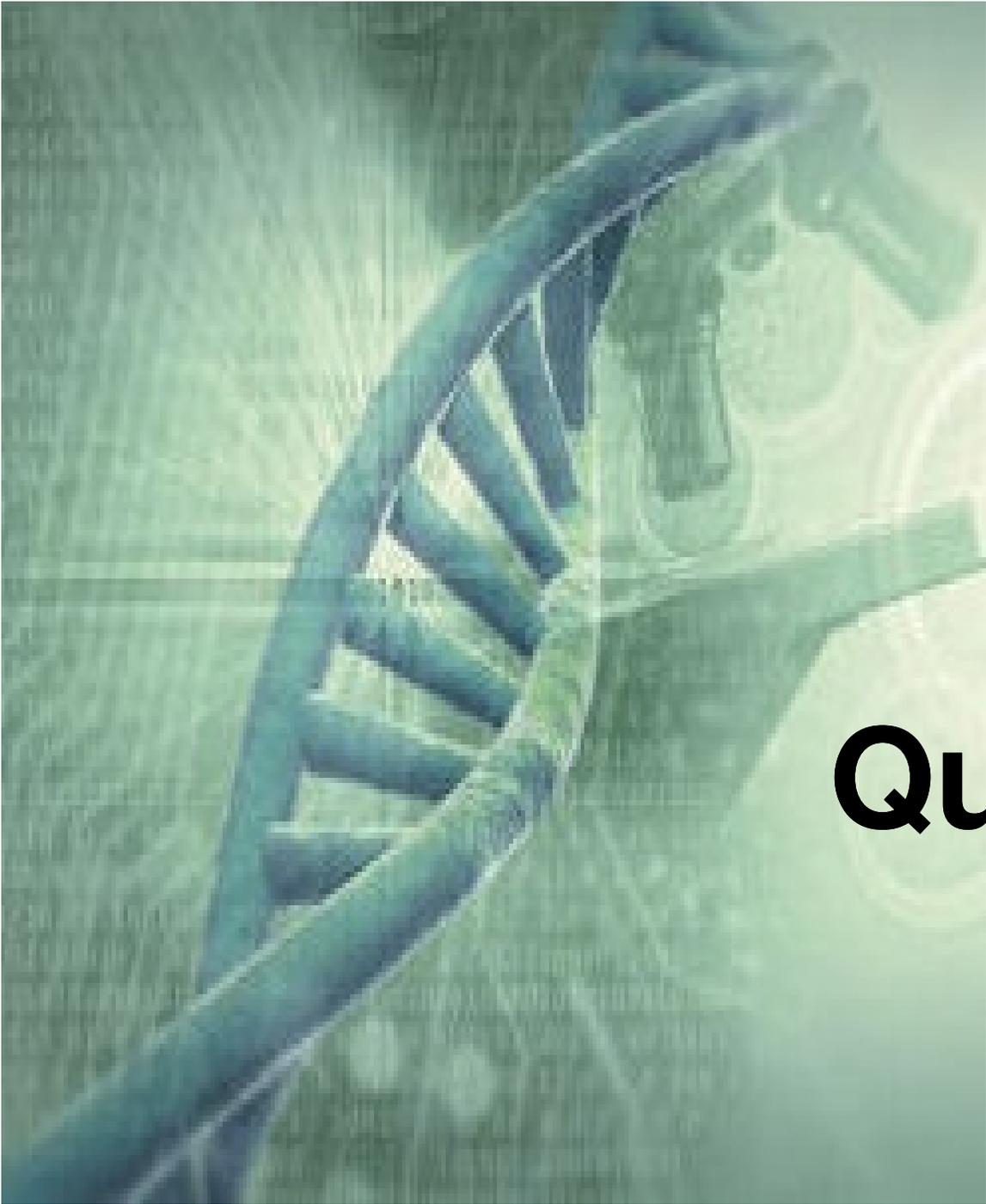
Process

- Screening method
- Who gives results & follows up with patients
- When, where, & how results are given



Methodological Considerations in D&I Research

- Context is critical
- Begin with stakeholders / implementers
- Appreciate and integrate multiple types of evidence and methods (*quantitative & qualitative*)
- Broaden evaluations to include multiple outcomes and report on contextual factors (*models will help here*)
- Recognize that processes are complex and non-linear and multilevel factors influence outcomes
- Know where to look for validated measures



Questions?